

# Black Plums

## Flavor Profile

# HIMIC

Peach . Nectarine . Black Plum . Red Plum . Yellow Plum . Starless Ruby . Pluot . White Peach . White Nectarine

A firm tart skin perfectly compliments the sweet flesh of this fruit. Plums have a sugary texture with a juicy center and come in many colors, shapes and sizes. So try them all and decide for yourself which plum is the perfect plum for you

## Plums in this category

### Midnight Moon



“Gripped by the darkness of the evening with the crisp light center of the moon”

### Naturally Good For You

- Trans Fats 8% Vitamin A
- Sodium 20% Vitamin C
- Cholesterol 2g Fiber



*Did You Know?*

Plums are an Excellent source of Vitamin C